**Questions**

* Are you annoyed when your partner, husband, or wife flirts with someone else ?
* Do bad mannered people upset you?
* Do you get angry when politicians make promises they can't keep?
* Do you get angry when you watch the news on TV and see all the terrible things happening in the world?
* Does it annoy you when shop assistants try to sell you things you don't need?
* Does it annoy you when someone interrupts you when you are speaking?
* Does it annoy you when someone knows everything better than you and says so?
* Does it annoy you when you are waiting in a long queue and someone pushes in front of you?
* Does it annoy you when your teacher speaks too quickly?
* Does it drive you crazy to always see the same faces and read about the same celebrities in the gossip columns?
* Does it drive you crazy when waiters ignore you?
* Does it drive you crazy when you have invited people to dinner and they come late and the meal is spoiled?
* Does it make you angry when motorists drive too closely behind you?
* Does it make you angry when people make nasty comments about you ?
* Does it make you angry when you have made an appointment to see the doctor at a certain time and he/she keeps you waiting for ages ?
* Does it upset or annoy you when a beggar asks you for money?
* Does it upset you when have to say "No" when someone asks you for help?
* Does it upset you when you see homeless people?
* Does it upset you when you see people hitting children or animals?
* Does it upset you when you see pictures of famines in India, Africa or other countries?